

Pumpkin Muffins recipe

**A bit of applesauce added to
recipe makes for an especially
moist muffin.**

Ingredients:

- 2 medium eggs
- 3 cups flour
- 1 cup brown sugar
- 1 cup milk
- 1 cup pureed cooked pumpkin
- 1/2 cup unsweetened applesauce
- 2 tablespoons white sugar
- 4 teaspoons baking powder
- 1 teaspoon salt
- 1 teaspoon cinnamon
- 1 teaspoon nutmeg
- 1 teaspoon pumpkin pie spice
- 1/4 teaspoon cloves
- 1/4 teaspoon allspice
- 1/4 teaspoon ginger



Directions:

- **Preheat oven to 325°F.**
- **Combine all ingredients in a large bowl; mix until smooth.**
- **Fill sprayed muffin tins with mixture until $\frac{3}{4}$ full. Bake 20 to 25 minutes, until a toothpick inserted in a muffin comes out clean.**





BY MARTIN LENART